

Red Light, Green Light

- The Children absolutely LOVE this game
 - Set up an area with cones/discs that the children will start at and finish at
 - Ask them what the GREEN light means
 - Ask them what the YELLOW light means
 - Ask them what the RED light means
1. Start without the Ball
 - a. Say "RED" See if any of the players move (they usually start giggling)
 - b. Say "GREEN"
 - c. Say "RED"
 - i. If they don't stop tell them they should check their brakes
 - d. Say "YELLOW"
 - e. Say "GREEN" make sure to tell them they should all stop when they get to the finish line
 2. Once they are used to it; have them all get their ball and go to the starting line
 - a. Repeat the process in whichever order you want (mix it up)
 - b. After you have tried this once or twice tell them that if they do not stop the ball, they must go back to the starting line and start over

